EASY News August/September 2008

EASY ENTRY
THE INTEGRATION PEOPLE

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1. Seasonal recipes

The past year we informed you about seasonal customs in Germany in our newsletter.
Starting this newsletter we would like to introduce seasonal recipes of Germany to you.

Since August and September are the ideal months to have a nice barbecue, we want to contribute the most famous German salad to your menue, the "Kartoffelsalat".

There are, of course, a lot more than just one potatoe salad recipe in Germany but in the two southern federal states, Bavaria and Baden-Würtemberg the following recipe is the favorite one.

Kartoffelsalat

1000g potatoes
("Salatkartoffeln" which are waxy, never take the mealy ones)

1 cup hot vegetable or beef stock

4 table spoons of vinegar

3 " " of oil

salt

white pepper

Boil the potatoes for 20-30 minutes. (Check after 20 minutes if they are soft enough.) Peel the potatoes (as long as they are still warm) and cut them in thin slices. Add the salt, pepper, hot vegetable/beef stock and vinegar. Put aside for at least 1 hour. If all the liquid is gone after one hour add more of the stock. The salad should be moist.
NOTE: The oil should only be added shortly before serving. After having added the oil taste if you have to add maybe a little salt, pepper or vinegar.

If you like, you can now add a planed *cucumber*. Or, to give your guests a chance to choose, add to half of the portion half a (or a whole as you like) cucumber and serve the other half without.
NOTE: Before you add the planed cucumber, salt it, and wait until the salt is melted, then drain the cucumber and add to the potatoes. You can start this process already while the potatoes are cooking.

2. Erlanger News

- The “Erlanger Marktplatzfest” is coming up again. It starts on Saturday the 23rd of August. There will be a live band, the “Pedro Savallas” at the Marktplatz from 7pm to 11pm as well as sales stalls and all kinds of food and drink offers.
  On Sunday the 24th of August there will be an open air church service (catholic and protestant ceremony) at 10am.
  Starting 11am you can enjoy the band “Down Town Street Paraders” until 1pm and form 6.30pm to 10pm the partyband “Jump 5” will entertain the guests.
  On Sunday afternoon there well also be handy craft stalls at the Hugenottenplatz.
  NOTE: The shops in the centre of Erlangen will be open between 1pm and 6pm on Sunday!

Quelle: ETM Erlangen

- This time of the year you could also call the season of parish fairs in Franconia. Between August 15th and 18th there is “Kirchweih” in Tennenlohe, between August 22nd and 25th it takes place in Kosbach, between September 5th and 8th there is a fair in two other quarters of Erlangen called Dechsendorf and Eltersdorf, between September 13th and 15th in Hüttendorf and between Septemer 26th and 29th in Frauenaurach. So you have a chance to compare the Bratwurst and Bier of these different parts of Erlangen! All these fairs start on Friday afternoon at 4pm, on Saturday and Sunday at 10am and end at 11pm all three days.

- For the last time this year the band “Bolle und Schatz” will be playing (folk, rock, pop, valse-musette, tango etc.) at the Entla’s Keller, September 4th between 6.30-10pm.
  Everybody can come for free, you can also bring your picknic basket but **you have to buy the drinks** at the Entla’s Keller. The address is “An den Kellern” and you get there via Bergstrasse.
  The last music event will be between September 27th and 29th. Then the bands “SRS-Jazzmen, the “Bras am Brand” and the “Veldensteiner Musikanten” will be performing while the guests will enjoy “Das letzte Bier vom Berch” because starting Oktober 1st this “Bierkeller” will be closed for this season.

- The music club “Strohhalm” reopened again after renovation. The club has now 90 seats and offers live music (country, rock and more) every evening. For the daily program see www.strohalm.de .You can reserve seats every day between 9am and noon and the show starts always at 9pm.

3. Fürth News

- Two women, two men, an intrigue, many, many mix ups and all this created by William Shakespeare makes the comedy “Much ado about nothing”. In German it is called “Viel Lärm um nichts” and you have a chance to see this classical play in a modern version in Fürth at the Stadtpark (entrance via Engelhardtstr.) on August 29th and 31st and September 1st to 6th at 7.30pm. For tickets (9,--/18,--Euro) call 0911-2162298.

- We have introduced the “Fürthermare” already in former newsletters. During the summer holidays this spa offers a special family program.
  There are all kinds of different attractions the following week ends for children as well as grown ups, like “Familien Olympiade”.
  Since the spa has indoor and outdoor pools, the weather does not matter, there is always an ideal area where you can enjoy the program. This “Sommer-Familien-Festival” is included in the regular fee, you do not have to pay extra. For the complete program see:
  http://www.fuerthermare.de/index.php?id=9

4. Nürnberg News

- Since 16 years the newspaper “Nürnberger Nachrichten” awards a price to Franconian artists every year. This year 93 artists present over 110 works. You can see this exhibition still until August 31st at the “Nürnberger Kunsthaus”, Königstr. 93 (at the “Künstlerhaus”). Open daily from 11am to 7pm. Or see www.kunsthaus-nuernberg.de or www.nn.-online.de

- The soccer season starts again in August. The Nürnberg club, the 1.FC Nürnberg, was not very successful last season. Therefore it is not in the premiership anymore like last year. The team has to play in the second league for at least one year. But the FCN has many faithful fans and they will come to see their “Club” at the “Nürnberg easyCredit-Stadion” this coming season just as well. Maybe you too are interested in this sport. Here you can see when their future games will take place: www.fcn.de/index.php?id=fcnsaison
  Address: “Nürnberg easyCredit-Stadion”, Max-Morloch-Platz 1, Nürnberg, www.fcn.de

Quelle: Tourismus Zentrale Nürnberg

- More than two million visitors come to Nürnberg every year during the two fun fairs in spring and fall The "Herbstvolksfest" starts August the 29th at 5pm with a parade and ends September 14th at 10.15pm with a firework. A special event for the whole family. For the complete program see http://www.volksfest-nuernberg.de/index.php?navi=1&rid=30

- The Oxfam shop in Nürnberg offers a big variety of high-class second hand goods. This place is ideal for clothes, household goods, toys, books etc. If you come to their second hand shop with the public transportation VGN and you show your ticket you will get 20% reduction off all their products. This special offer is still valid until the end of August 2008. You find the Oxfam shop at the Dr.-Kurt-Schuhmacher-Str. 16, open Mo-Fr 10am-7pm, Sa 10am-3pm, Tel.: 0911-2029510 or see www.oxfam.de An ideal place if you would like to donate used items in good condition.

5. Regensburg news

Not far away from Regensburg are a couple of very nice places we would like to introduce to you. There is **Kelheim** which is a very nice little Bavarian city worth visiting with an outstanding attraction up on a hill, the **"Befreiungshalle".** This impressing round building was erected in 1842 in remembrance of the deliverance war against Napoleon (1813-15) by king Ludwig I. of Bavaria.
See http://de.wikipedia.org/wiki/Befreiungshalle

If you drive from Kelheim direction Riedenburg, along the Altmühl Valley you will soon see on your right hand side the castle "Schloß Prunn". This castle is one of the best-known castles of Bavaria due to its unique site and the harmonious combination of natural scenery and architectural performance. See http://www.altmuehltal.de/riedenburg/prunn.htm
The castle is open daily from 9am-6pm between April and October and from 10am to 4pm (except for Monday) from November to March.

Another nice place is Riedenburg with it's centre and the beautiful hilly countryside around. Ideal for walks and hiking. http://www.altmuehltal.de/riedenburg/riedenb.htm
One of the main attractions for many visitors is the crystal museum you should not miss while you are there. See: http://www.altmuehltal.de/riedenburg/kristal.htm

All this you could also reach by ship leaving from Kelheim as you can see on the following plan:

Linienverkehr zwischen Kelheim - Riedenburg - Dietfurt

	täglich	täglich außer Fr, So bis Riedenburg	täglich außer Mo, Fr, So	jeden Sonntag
Dietfurt		an 14.55	an 18.45	
Meihern		ab 14.30	ab 18.30	
Eggersberg		ab 14.10	ab 18.10	
Riedenburg	an 14.30	ab 13.30	ab 17.30	an 17.15
Prunn	ab 14.10	ab 12.55	ab 16.55	ab 16.55
Essing	ab 13.50	ab 12.35	ab 16.30	ab 16.30
Kelheim / Altmühltal	ab 13.00	ab 11.30	ab 15.30	ab 15.30

6. Hint for two special excursions

- There are quite a few nice castles in our region. There is one you certainly should visit while you are here: “Schloß Seehof” near Bamberg. You reach the castle by car via A73, exit Memmelsdorf. Or you can also go by train to Bamberg and then take bus No.7 to Seehof.
  The castle is open April to October on Tuesday to Sunday from 10am to 4pm and there is a guided tour through the castle at 4pm on Saturday and 2pm on Sunday.
  Around the castle you find a beautiful park with a lake and the biggest attraction is the trick fountain (cascade) working from May to October 7th daily from 11am to 5pm **every full hour**.
  Near the entrance of the park next to the former “Orangerie” there is a nice coffee shop where you can enjoy “Kaffee und Kuchen” or other refreshments and snacks.

- “Burg Rabenstein” is located in the Franconian Swiss, the “Fränkische Schweiz” and offers more than just one attraction. The castle itself is worth going there. There are guided tours daily throughout April-October between 11am and 5pm. From November to March at 11am, 2pm and 4pm.The guided tour costs Euro 3,50 for grown ups and Euro 2,50 for children (age 5-14).

  Another attraction is the falconry where 12 different birds of prey present their “air show”. The falconry is open daily (except Monday) between April 1st and November 1st. Between 11am and 5pm. Adults pay Euro 2,50, children Euro 1,50 (age 5-14) for the show.

  Only 10 minutes away is the “Sophienhöhle”, a stalactite cave which can be called a natural miracle. It is open for visitors daily from April to October (except Monday) between 10.30am and 5pm. The entrance free is Euro 3,50 for adults and Euro 2,50 for children (age 5-14)

  There are also concerts in the cave. The next one will be on August 22nd (jazz with unusual instruments) for more information and to get an impression of this really outstanding place as well as how to get to Burg Rabenstein see http://www.burg-rabenstein.de/ under “Was ist los” you will find the complete program for the rest of this year.

Quelle: Burg Rabenstein

7. New program for adult education

At the end of August the “Volkshochschule” (adult education centre) will bring out the new semester program. There is a “Volkshochschule” in every town and they do not only offer language courses but a number of other interesting courses in the field of art, sport, handy craft, dance, etc. The program book is free. If you have chosen a course you can always attend the first lesson before signing for the course so you can find out beforehand if the level etc. is the right one for you.

Here are the addresses of the centres in our region and Regensburg:

Volkshochschule Erlangen,
Friedrichstr. 17-19
Tel.: 09131-862168

Volkshochschule Fürth
Hirschenstr. 27/29
0911-9741700

Volkshochschule Nürnberg
Gewerbemuseumsplatz 1
Tel.: 0911-2313214

Volkshochschule Regensburg
Haidplatz 8
Tel.: 0941-5071433

8. Special event: „Sandkerwa“ Bamberg

One of the most popular fairs in our region is the one in Bamberg called „Sandkerwa“, this is dialect for „Sandkirchweih“. The Elisabeth church built in the 15th century was erected on very sandy soil and every year on the inauguration day of the church one would hope and pray that the soft soil would not harm the building. Until today the church is standing and this is a good reason for a six day celebration every year in August.
This year the “Sandkerwa” will take place between August 21st and 25th, right in the centre of the old town, and also on ships. There will be all kinds of boats and boat competitions along the river of Regnitz. The fishermen’s houses along the river the so called “Klein Venedig” will be illuminated at night. Needless to say, there will be music and all kinds of food and beverages. At the end of the last day fire works will end this fair at 22pm.
For more information see: www.sandkerwa.de

Quelle:Bamberger Sandkerwa Veranstaltungs GmbH

9. Special events for children

- The nicest playground in the old town of Nürnberg is at the „Spielzeugmuseum“, Karlstr. 13-15. The children can discover the toys of the grand grandmothers/fathers, there is a free guided tour through the “light and shadow empire” every hour on Saturday and Sunday beween noon and 3pm. A coffee shop, the “Café La Kritz” at the historical court is an ideal place for a brake.
  The playground is open from 10am-5pm Tuesday-Fridays and 10am to 6pm on Saturday and Sunday. On Sunday closed between 1pm and 3pm.
  See also www.museen.nuernberg.de or call for more infromation 0911-231-3164.

- What are the wishes and dreams of children? This question brought a big German coffee company to start an unusual project. They will place 12 huge puzzles (every puzzle has 12pieces, 1,50x1,50m each) in different German towns and the children can write their wishes on parts of these puzzles. At the end of the action 15 of the cutest wishes will get prices. One of these puzzles will be put up in Nürnberg on August 19th right next to the Lorenz Kirche. Maybe your child would like to add a wish too?

- The fun park “Freizeit-Land-Geiselwind” is one of the nicest fun parks in our region. On top of all the other attractions they offer three new highlights: Softball-Safari, Funny-Hoppers-Show and a Circus. Friday is family day! The park is still open until October 19th. Starting September open only on Saturday and Sunday. You get to the park via A3 Nürnberg-Würzburg exit Geiselwind. See: www.freizeit-land.de

- The “Walderlebniszentrum Tennenlohe” offers an interesting program all around nature, forests, animals etc. This time we would like to invite you to a “Abendspaziergang zu den Wildpferden”. Enjoy the calm evening atmosphere and learn more about plants and wild horses on a guided tour in this unusual natur protection area on Friday August 22nd between 6pm and 8pm.
  The tour cost Euro 2,-- per person and you have to make reservations at the Walderlebniszentrum TennenloheTel.: 09131-604640,
  Email: kontakt@walderlebniszentrum-tennenlohe.de Check also the other forest projects!

Quelle: Landschaftspflegeverband Mittelfranken

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